

## WE MAKE IT EASY TO TAKE CARE OF YOUR TEAM

I know we can make a big difference in the wellness of your workplace, Employees have shared with us how just knowing a massage is scheduled at work can be such a relief. Having 15 minutes to relax and get in touch with the areas that build tension over time can decrease injuries and increase preventative care.



SCAN THE QR CODE BELOW  
TO FILL OUT A QUICK ENQUIRY  
FORM TO EXPLORE EMPLOYEE  
MASSAGE FOR YOUR TEAM



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### CONTACT

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# HUMBOLDT MOBILE MASSAGE, INC

EMPLOYEE  
HEALTH & WELLNESS  
PROGRAM

Serving Humboldt since 2009

**“We make it easy  
to take care of  
your team”**

400+ EMPLOYEE'S



“70% of our employee massage recipients reason for massage is neck and shoulder tension”



15 minute neck, shoulder, back, arms and hands therapeutic chair massage

What we need from you, so we can do the rest....

- Total count of departments
- Staff count per department
- Choose a billing option:
  - 1- Cost-share Employer/Employee
  - 2- 100% Employer Sponsored
- Decide what percentage for the cost-share or for option 2- the ideal number of massages per employee per year .
- Review the Estimate we send you
- HR Shares the provided booking link and poster with staff

What we take care of.....

- We organize the preferred billing method and estimate the appropriate time per department based on 60% participation.
- We coordinate the schedule with each department/sector using online forms.
- We set up a unique online booking page organized by departments/sectors.
- We create a custom employee wellness poster with QR Code and link to schedule.
- We manage electronic forms release of liability, cancellations, rescheduling.
- Billing and Reports

## SUCCESSFUL WELLNESS PROGRAMS FOR:

OPEN DOOR HEALTH CENTERS

UNITED INDIAN HEALTH SERVICES

EVENTS:

Humboldt Senior Resource Center

Rockport HC Team Picnic

WE SEE AN AVERAGE OF 60% EMPLOYEE PARTICIPATION IN 100% EMPLOYER SPONSORED MASSAGE

